## Goldman Sachs Time to focus on dividends? Date of recording: May 13, 2025

**Katherine Bordlemay:** Over the last several years, dividends have not been a major driver of equity returns.

In the post-Covid period, dividends contributed only about 20% to total equity returns. So understandably, investors haven't been focusing on them. But we think the environment is changing and we're moving into a period of structurally lower equity returns. And the reason for that is with higher uncertainty often comes lower earnings growth and therefore lower equity returns. If the environment turns out to be even more difficult than we expect, a dividend will be a really important buffer on that downside. If you look through history, in periods where the market was down, the standard index was down 16%, versus the dividend index down 10%.

In particular, we like dividends for international developed equities. First of all, we're very constructive on the outlook, especially for Europe, which is at a paradigm shift where they're changing their economic model to be more domestically focused. Also, historically, more than 70% of international developed equity returns have been sourced from dividends.

With that said, we would caution investors from seeking high yield just for the sake of high yield. And instead, focus on businesses paying a high sustainable yield underpinned by solid fundamentals.

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